

No: [] Name: [] Current Shoe Size: []
 Date: [] Age: [] Sex: [F] [M] Foot: [Left] [Right]

Single Foot Measurement Form

- 1 • Additional supra-malleolar circumference
- 2 • Smallest supra-malleolar circumference *
- 3 • Heel to Instep circumference *
- 4 • Circumference around instep *
- 5 • Circumference around met-heads *
- 6 • Width at metatarsals heads
- 7 • Length from heel to toes
- 8 • Height Smallest supra-malleolar circumference *
- 9 • Height to apex of lateral malleolus
- 10 • Height to apex of medial malleolus
- 11 • Width at apex of malleoli
- 12 • Height of additional supra-malleolar circumference

- Measure the circumference ★ Required Measurements
 △ Measuring vernier caliper
 □ Measuring distance

