

## How to Measure Your Feet for a Custom-made Shoes

You can send us your feet measurements for a custom pair of shoes using one of the following methods:

- Taking the measurements by yourself following the next simple few steps.
- Taking measurements at a specialist.

## To take the measurements by yourself follow the next instructions:

#### A- Preparation and required tools

- Download the measurement form and print it on A4 paper or you can fill it electronically. https://gencogrup.com/custom-made-shoes/
- Pencil.
- Measuring Tape (flexible).
- Papers.
- Scanner.

### B- Drawing the outline of the foot

It is preferred to draw and take measurement while you are standing upright and each foot on a paper with the body weight balanced on both of your feet and your toes in a relaxed position. In this case a helper is better.

Draw the foot outline while maintaining the pencil vertically. Mark the metatarsal head (Ball of foot) on both sides (before the biggest and smallest toes) as shown in figure (1).



(1)



# **C-Taking Required measurements**

- Measure the circumference at the metatarsal heads as in figure (2) and register it in the form.
- Measure the circumference around the middle of the arch of the sole and the instep as shown on figure (3).
- Measure the circumference around the heel and joint of the ankle as shown in figure (4).
- Measure the smallest circumference above the malleoli (Ankle Joint Bones) as in figure (5).











After registering all the measurements in the form (at least the required measurements marked with a red star), scan the papers then send them to us via email to info@gecogrup.com and we will contact you in a very short time.